



## FAQ's on the Health Forms (1-3) for Hidden Valley 4-H Camp

**Health Form 1** – a parent signature is required at the bottom in case of an emergency.

**Health Form 2** – Please answer all the questions on the form. At the bottom where it requires a signature of the Provider you have two choices:

1. We can receive Health Form 2 without a Provider Signature if you have attached a recent Physical that is signed or stamped by a Medical Provider. Your child's name needs to be typed on the form or written in by the Medical Provider. Please check before you send in. We get many Physicals from Providers with no name on them, and we cannot put the campers name on the form or accept it if a parent put the name on.
2. Your Medical Provider can also enter the Physical information on Health Form 2 and provide their signature or stamp and License information.
3. We cannot accept a Physical that is more than 2 years old.

**Health Form 3** – This one is really important if you are a RESIDENT Camper. This form helps our Health Manager provide Over the Counter (OTC) Medications. It is a good idea to have your Medical Provider fill this part out even if it is just for Calamine Lotion, or Caladryl. We are in the middle of the woods and bug bites are terrible. Campers cannot receive anything OTC without a Provider's Order. This is obviously optional, although what we try to avoid is the camp Health Manager having to call you with a camper who does not feel and it may have been something we can help with OTC medication.